

What a Year for Radyr Cricket Club Youth!

What a successful year for the children at Radyr Cricket Club! Over 170 youngsters, from the age of 7 to 17, have been enjoying their cricket at the club. And many have achieved considerable success.

Over the winter, many trained hard in winter nets. Sixteen boys and seven girls were successful in trials and were selected to represent Cardiff and the Vale. In addition, two boys and two girls played for Wales.

Early in the season, the Under 9s held a mini-festival of cricket in aid of the Radyr and Morganstown Village Festival. Burgers and home made cakes were sold on the day, enabling the club to present a cheque for £100 to the charity Latch.

We entered eight teams in total into the Cardiff and the Vale League. All did well, but three teams made it to the final. On a warm Sunday at the end of August, the Under 11 Greens and the Under 13 Greens both won, finishing the season as champions. The Under 11 Golds played exceptionally well, but narrowly lost by one run, thereby finishing the season as runners-up.



The Under 13 Greens – Winners of the U13B League

A team of Under 11s also enjoyed a three day tour to Worcester. This was a first for the club, and a resounding success for children and parents alike. The results - played four, won four!



The Under 11 Tour to Worcester

The local Radyr schools also had a great deal of cricket success. Bryn Deri won the 8 a-side 'kwik cricket' tournament for local primary schools, beating Radyr Primary in the finals. Both teams then went on to play in the Cardiff tournament - and once again it was Bryn Deri and Radyr Primary who

competed in the finals! The result - a win again for Bryn Deri! As a club, we are proud to say that all the players who represented both schools are members of Radyr CC!

Girls cricket is going from strength to strength in Radyr. We now have over thirty five girls as members of the club, and they are progressing very well. The Under 11 Girls and the Under 9 Girls played in the Cardiff and the Vale Mixed Leagues. There are only two clubs in Cardiff entering Girls teams into this League, and Radyr is one of them. The Under 11 Girls also won the Cardiff Cup and then went on to represent Radyr at the West of England finals in Bristol. Here they played extremely well and came a very creditable third out of six teams.



The Under 11 Girls Cardiff Cup Winners

Sophie Thomas, captain of the Under 11 Girls, has represented Wales this summer, and was awarded 'Player of the Month' in August for her outstanding performance. She was awarded her trophy at the SWALEC Stadium.



Sophie Thomas at the Swalec Stadium, with her Player of the Month Award

In the summer, three summer camps were run at Radyr CC by ex-Glamorgan, Warwickshire and Worcester professional cricketer, Adam Shantry. Over fifty boys and girls received expert coaching from Adam, whilst also having a lot of fun.

The Senior section of the club is now feeling the benefits of the Youth Section, with more than twenty players from the Youth Section playing in the Senior teams, from the Fourths to the Thirds, to the Seconds and the Firsts. The youngsters are now making a significant contribution to the Senior section, and there is much more to come! A friendly, family club, Radyr CC is going from strength to strength!

If you would like further information about the club, or would like to discuss joining us, please contact Bethan Devonald (02920 891299) or Tony Butlin (02920 842467).

RADYR CHAIN

Free to every home in Radyr and Morganstown

Number 214



October 2014

News from Radyr Library



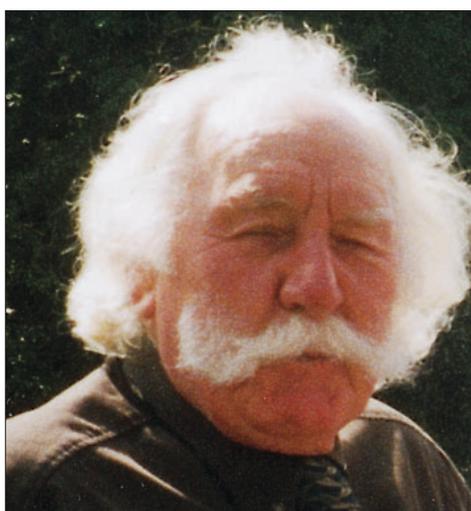
Well done to everyone in Radyr who took part in our summer reading challenge! This year we had a record number of people, 693, start the challenge and a very impressive 453 of those managed to read six books in the summer holidays. Although the challenge is aimed at the 4-11 group we were delighted to see lots of their younger siblings take part in the Book Crawl challenge. The teenage and adult challenge really took off this year, with whole families signing up to discover new and exciting books to read. The adult and teenage challenge was sponsored by The Orchard Café on Park Road and the Showcase Cinema in Nantgarw. Joe Lagorio won the Orchard's Pizza for two voucher and Mrs. Pryce-Morris won Tea and Cake for Two at the Orchard. Kirsten Ullah-Fisher and Mrs. Goddard won the cinema tickets. We would like to thank both The Orchard and Showcase Cinemas for their support.

Our summer events proved popular and we would like to thank the Firing Line museum and, in particular, Joanna, who gave a fascinating talk on the First World War; local illustrator, Sue Shields and her



daughter who presented a lively art workshop and Jessica and Laura, our local PCSOs who helped out with two of our events, fingerprinting and solving crimes.

The autumn events will be continuing with Rhyme and Storytimes on Tuesdays at 10.15 and 2.15 and our Welsh language version, Amser Stori on Wednesdays at 10.30. *continued on page 12*



It is with great sadness that we record the death of our predecessor as Editor of The Chain, Philip Lee.

Philip took over the editorship at a difficult time and managed to keep The Chain going for a number of years. He will be sadly missed.

A personal tribute to him may be found on Page 5.

COMING EVENTS



N.B. Details of all coming events can be found in the Diary section of the website www.Radyr.org.uk

October

- 2 R&MCC Committee meetings, OCR: Finance (7pm) and then Environment (7:45pm) Committees 7.00pm
- 4 Gêm rygbi / Rugby match. Cwms Caerdydd / Cardiff `Quins v Senghenydd. Adran 1 Dwyrain / Division 1 East. Croeso i bawb gymdeithasu yn y bar, cyn ac ar ôl y gêm. All welcome to socialize in the bar, before and after the game 2.30pm
- 8 RCTS South Wales. All the Colours of the Rainbow - Liveries from 1955 onwards. OCR 7.30pm
- 8 Radyr, Morganstown & District Gardening Club "MICROSCOPIC ALGAE" with Dr.Ingrid Juttner (National Museum of Wales) who will consider Algae in the garden; she has asked for samples of Algae for viewing by microscope. New School Rooms, Christchurch, Heol Isaf. All Welcome. See Village notice boards or contact Richard Gregory 02920842084 or richardjgregory@btopen 7.30pm
- 9 Tenovus at Radyr Golf Club. Celebration Cuisine Demonstration by Julia Hallinan of the CookShop. Sales of Christmas cards, cakes and plants, Tombola and Raffle. All welcome. Tickets £3.50 to include tastings and refreshments. Please ring 20401872 10.30am
- 9 Radyr and Morganstown Local History Society. The Lives of Lady Rhondda (1883-1958) Prof. Angela John will give a talk on her recently published book on this remarkable woman; suffragette, arms procurer in WW 1. and much else. Old Church Rooms All are welcome. 7.30pm
- 13 Radyr & Morganstown WI. The history of Cardiff hospitals by Keith Mogur. OCR 7.30pm
- 16 R&MCC Monthly MeetingOCR 7:30pm
- 18 Gêm rygbi / Rugby match. Cwms Caerdydd / Cardiff `Quins v Risca. Adran 1 Dwyrain / Division 1 East. Croeso i bawb gymdeithasu yn y bar, cyn ac ar ôl y gêm. All welcome to socialize in the bar, before and after the game. 2.30pm
- 18 MELINGRIFITH COMMUNITY BRASS, CONCERT. Radyr Methodist Church. Ticket £8 (Concessions £6) Contact Gordon 20842936 Angela 20419651 7.00pm
- 23 Film Night. Showing by the R&M Association of 'The Two Faces of January' in the Old Church Rooms. More details soon. 7.30pm
- 28 Film Matinee. Showing by the R&M Association of 'Maleficent' in the Old Church Rooms. More details soon. 2.30pm

November

- 5 George Thomas Hospice Care Coffee Morning. To be held at Radyr Golf Club from 10.30 to 12.30am. There will be a few stalls including our usual cake stall. 10.30am
- 6 R&MCC Committee meetings. OCR: Finance (7pm) and then Environment (7:45pm) Committees 7.00pm
- 6 Radyr and Morganstown Local History Society. ECCENTRIC. Dr William Price of Llantrisant. A talk by Dean Powell. Old Church Rooms. All are welcome. 7.30pm
- 8 CHARITIES' FAIR and COFFEE MORNING Radyr Methodist Church. Entrance £1.50 (to include refreshments) 10am to 12 noon Come and buy your charity Christmas Cards, Scout Stamps, Traidcraft Gifts and more. 10.00pm
- 8 Radyr and Morganstown Choral Society Concert at Christchurch - a programme of choral music including Howard Goodall's Requiem Eternal Light, more info soon 7.30pm
- 10 Radyr & Morganstown WI Remembrance evening. OCR 7.30pm
- 12 RCTS South Wales American Wanderings in 2012 and 2013. OCR 7.30pm
- 12 Radyr, Morganstown & District Gardening Club "MIRACULOUS MAZES or MAZES, MATHS & MAGIC" with Lindsay Heyes who will trace the history, myths and legends of mazes. New School Rooms, Christchurch, Heol Isaf. All Welcome. See Village Notice Boards or contact Richard Gregory 029 20842084 or richardjgregory@btopen 7.30pm
- 13 NSPCC coffee morning to be held at Radyr Golf Club cakes, tombola, jewellery, xmas cards, xmas decorations, raffle, silent auction Tickets £2 10.30am
- 17 R&M ASSOCIATION General Meeting Speaker to be announced. To be held in the Old Church Rooms. All residents of Radyr & Morganstown are eligible to be members of the Association and are invited to attend. 7.30pm
- 20- R&MCC Monthly Meeting. OCR: 7:30pm
- 22 RDS presents 'The Schoolmistress' by A Pinero. Tickets available from Enerchi, The Orchard, Sheila Phillips (02920 842585) and Allan Cook (02920 843176) at £9, £8 (concessions), and £6 (students). 7.30pm
- 27 Film Night. Showing by the R&M Association of 'Belle' in the Old Church Rooms. More details soon. 5.7.30pm

FOR SALE

Optimal Model Folding Bed

**Metal and wood framed - 166 x 80cm
Assembled but instructions available**

**Complete with mattress, head board
and wheels for easy movement**

Used only once since new

£75.00 ONO

Telephone: 02920 843387

Letters, articles, reports and other contributions are invited and should be submitted by November 15th. Submissions may be subject to editing at the Editor's discretion. The views expressed in the Radyr Chain are not necessarily those of the Editors.

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DO YOU WISH TO SEND GREETINGS TO FAMILY & FRIENDS THIS CHRISTMAS?

Why not use Scouts Christmas Post 2014.

Once again Radyr Scouts are providing the opportunity for you to send Christmas Greetings through the Scout Post to family and friends living in the Cardiff and Vale areas. If you wish to support scouting in Radyr and Morganstown, please purchase your scout post stamps from the local area outlets:

**Pugh's Garden Centre, Morganstown
P'Zazz Hair Designers, Castle Court,
Caer Graig**

**Solo Hair & Beauty, 1a Springfield
Gardens, Morganstown
Radyr Library, Park Road
Ener-chi, Station Road**

**Section Leaders and members of
Radyr Scout Group**

We are grateful to these local businesses that support scouting in Radyr and Morganstown by selling stamps during such a busy period.

Can I thank all those people who have supported Scout Christmas Post. By purchasing your stamps locally, you are providing the Radyr scout group with its largest source of fund raising during the year.

Leaflets giving information on Scout Post 2014 will be delivered to your door at the beginning of November. Stamps will be available at the local outlets from the start of November.

Please note that scout post greetings will only be delivered to the **Cardiff and Vale areas** indicated on the scout post 2014 leaflet.

The last date for posting this year is **Monday, 8th December, 2014.**

Please use the post boxes provided at the above outlets and the scout hall.

Be prepared to post early and save money by using SCOUT POST 2014
JBT

FOR SALE

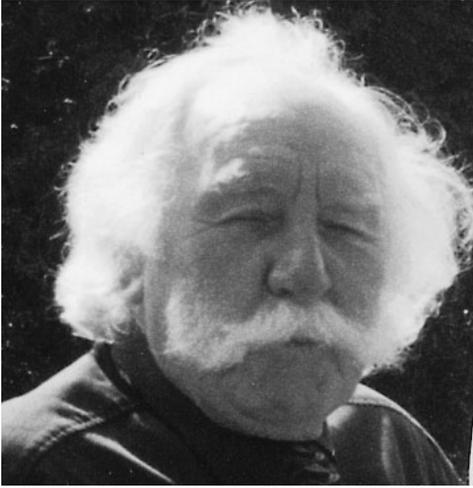
**Silver Tag-a-long bike
With tall safety pennant
Suit 5 - 10 year old**

**Very Good condition, just needs a
new chain. Thus low price**

£45.00 ONO

Telephone: 02920 653007

REMEMBERING PHILIP LEE



Most of you will know or recognise Philip Lee: the hair and moustache, the more recent tortuous gait with walking stick, his old-world forms of address, his love of Shakespeare and the music of the 1920s and his regular involvement in Radyr events. Over the years he has been a familiar figure at the tennis and golf clubs, at the bridge table and the library and he also edited the Radyr Chain for many years.

I first met Philip when I opened the door on a Sunday shortly after we moved to a house in Danybryn Avenue. This was a very long time ago when the children who are now married with children of their own were daily going to Primary School. There was a welcoming gift from his wife Olive and lots of advice about who would deliver milk, who would get the building site garden into shape and how to join the tennis club. Inevitably this was coupled with lots of questions. These I later discovered were to do with how best to slot us into the category of 'town' or 'gown'!

With children at school and part-time nursing at Llandough Hospital, time passed quickly and we were slowly absorbed into parts of the local social scene. Philip's son or daughter sometimes did some 'baby-sitting' and I heard about their regular holidays to France and Llangrannog. We joined the tennis club and had the somewhat daunting task of taking a turn at the required format for sandwiches! Philip was more concerned to maintain standards of suitable dress for the club, although he himself was often seen with a colourful tie preventing his shorts from falling over his narrow hips!

Another of his loves was following the horses, both at the racecourse or at a local Point-to-Point followed by a very nice tea somewhere. He had several interesting prints of his favourite animals in his dining room and found it quite

difficult to believe that others were not excited about the equine calendar of racing and other events, clearly enjoying a regular gamble! It is perhaps not surprising that when he suggested it would be fun to set up an investment group we were all pleased to see the steady hands of Rob McKerlich and Austen Leigh present to keep us on the straight and narrow which meant taking it in turns to make those difficult decisions about when and where our money should go and for how long!

The local Librarians will know of his fondness for reading a wide range of literature; his routine requests for anything that caught his eye in the regular book reviews was quickly devoured. He and his wife Olive regularly attended both concerts of national orchestras and those of Cardiff's music students and frequently supported the plays of Cardiff's College of Music and Drama. Philip would certainly know what was on at the theatre, concert hall or cinema and could be relied on to get tickets for anything that appealed. At the Machen Music Festival he could be seen either enjoying a glass of wine in the hospitality tent or finding some way to avoid the queue to become comfortable for the second half. His driving was legendary – always more concerned to maintain social communication rather than which turn to take, he never quite got the street plan of Cardiff in his head and how he got across the country to meetings in Bristol or Cambridge and elsewhere I will never know!

At some point we moved to Abergavenny but retained contacts and when I returned to Whitchurch it was to find that Philip was editing the Radyr Chain and become a 'Friend' of the National Museum. Philip quickly involved me into regular bridge which he enjoyed to the end of his life and many of us realised that bridge really did provide an affective distraction for the back and other pain that plagued him. It wasn't long before Philip also sought my help after he had been persuaded to set up a Newsletter for the Friends of NMW (National Museum Wales) I learned that he had lots of ideas but the Printer received his efforts on assorted sheets of paper covered in his very difficult to read long-hand! Meetings were a bit difficult largely because he was so very untidy and frequently mislaid items. I remember Olive saying more than once it was like having half a dozen children in the house! I started by typing everything and then supported his idea of obtaining a computer. Unfortunately, Philip wasn't the most patient of beings

and if one key didn't do as expected he would try several more and we all know what happens then! The Newsletter was really an extension of himself and although he managed to get a few people to write articles for him, it was difficult to keep one page free of some reference to Shakespeare or to one of his favourite songs from the 1920s. To his great credit he won two national prizes from the British Association of Friends of Museums, certainly well deserved.

I am sure that many of you will have numerous memories of Philip so I will mention one or two of my favourites. There was a time he reported, in indignant rage, stopping to help a lady trying to change a car tyre along the Newport Road. He just could not believe it when she attempted to slip half a crown into his hand! Then there was the time at a party I gave when he attempted to help a Rural Dean of Llandaff to obtain better quality shirts from a recommended tailor!

In the latter part of his life when his health began to fail, he courageously put up with NHS attempts to keep his back pain under control and to alleviate a knee problem. I did try to explain to him that at a Pain Clinic he would not be taken very seriously if his priority appeared to be finding out what books the Consultant was currently reading! And he did not always remember to take his prescription drugs home – on one occasion he had left six bottles of significant pain relief on an out-patient chair. But he would always want to accept invitations out to lunches or to concerts and he remained a very competitive bridge player to the end and never forgot to collect his winnings!

We, his family and friends bade farewell to Philip on Thursday, 28th August. I had joined Philip and Olive with friends at the home of Dr. Joyce Davidson for a very enjoyable lunch only two days before he died. He was a 'one off character' who will certainly be greatly missed.

Judy Edwards

**Charities Fair & Coffee
Morning**
at Radyr methodist Church
Saturday 8th November 2014
10am - 12 noon
entrance £1.50
(to include refreshments)
Come and buy your charity
Christmas cards, Scout Stamps,
Traidcraft gifts and more.

BORED WITH WINTER MONTHS?

COME AND JOIN

Radyr and Morganstown Indoor mixed bowls club

(lads and lasses)

2014/15 season started on 17th September

We meet at Morganstown Village Hall
Two sessions on Wednesdays and Saturdays
Afternoon 2 – 6pm and evening 6 – 10pm

But you can choose when you come, no obligation

We have friendly matches with other clubs, competitions,

Special afternoons and evenings, fun sessions

BUT MAINLY JUST TO ENJOY OURSELVES
YOU DO NOT NEED PREVIOUS EXPERIENCE

Or any special gear until you decide its for you
(no age barriers)



Don't stay at home and be miserable, come and learn a new
skill and laugh at the same time – you never know **YOU** could be our next
CHAMPION!

INTERESTED? Contact our secretary, Jerry Bray
029 2084 3387 email: jerrybraychain@talktalk.net
or simply wander down to the Village Hall and be captivated!



NEWS FROM RADYR & MORGANSTOWN WI

It's September and a new term has begun.

At the last meeting in July, our speaker was Wendy Sadler and her talk was entitled "Science today". Her two main messages were that science should be fun as well as challenging for children and that more girls should be encouraged and directed to study science in school and university. She was an excellent example of a woman scientist and a lively and entertaining speaker. After her presentation, the term ended on a celebratory note with a glass of Prosecco and nibbles.

Though no monthly meeting took place in August, the Committee was active throughout the month. An enjoyable trip to the National Trust Property "Killerton Manor" took place on 14th August and on 26th August, the WI centenary relay baton was passed on during the national centenary celebrations in Cardiff Bay.

An open morning in Radyr Library was held in order to showcase all WI activities and events and to introduce prospective new members to the advantages of joining our Institute.

Throughout August, the planning of the programme for 2015 was taking place, together with the organisation of the social events for the Autumn term. Our birthday party will be held on Monday 20th October at Radyr Golf Club and on Thursday, 18th November, a visit to Abbey Cwm Hir near Llandrindod Wells has been arranged. This house is a splendid example of a Gothic revival mansion and throughout November and December each room will be decorated for Christmas so it should look spectacular.

Our new term September meeting was held on Monday the 8th when our guest speaker was John Prior Morris. John is an active member of the Friends of Insole Court and in a costumed presentation, he assumed the character of the last of the Insole men to own and live in the house. The story, told through the eyes of Fred Insole, an Edwardian gentleman, is the story of a family whose Victorian rise to wealth and influence and subsequent Edwardian decline is emblematic of Cardiff's own progress during the same period.

On 13th October, our October meeting will continue the theme of Cardiff's history when the speaker will be Keith Mogur and his talk will centre on the history of Cardiff's hospitals.

WI becomes involved in a great deal more than monthly meetings and social gatherings. We have recently handed on to Pontcanna WI the role of hostess group for the link group of four neighbouring institutes. Pontcanna has organised "Explore Pontcanna and Canton", a talk about the local area, with coffee and cake and discount vouchers from some local shops. This will take place on Thursday, 16th October.

Within our own community some of our members, together with members of other Radyr Groups, will be taking part in a litter pick on Monday, 15th September. They will be setting off from the Old Church Rooms Car Park at 10.15., wearing appropriate clothing i.e. road sweepers garb! More of this and perhaps pictures in a later edition of the Chain.

Reaching further into the world beyond Radyr and Cardiff, some members inspired and led by our Secretary, Gaynor Leaf, have made beautiful dresses for little girls in poor African communities. The aim was that the recipients should have at least one pretty dress to wear – and they were pretty! Made out of off cuts and remnants of spare fabric and trimmed with buttons, lace and braid etc., they would have passed muster in a smart children's boutique and they are now on their way to their destination.

In a similar vein, it will soon be the time when we, together with churches and other groups throughout the country will be putting together "shoe boxes" of Christmas gifts for children in the third world and Eastern Europe. Anne-Marie Philips, who co-ordinates the Radyr Appeal, has already spoken to members about it. Shoe Box Sunday is the 16th November.

Within the Institute, the Radyr community and further afield, our WI is always involved. Of course we always continue with our three book groups, two walking groups, two genealogy groups and two craft groups. Our "Go on line" 1-2-1 internet learners are also about to begin a new term with new learners and patient, volunteer teachers.

Should you wish to be part of all this varied activity, contact our President, Pat Williams on 029 2084 3843 or our email address is mail to :

radyrandmorganstown.wi@gmail.com
L.H.



VOLUNTEERING AT HEADWAY CARDIFF

Would you be interested in supporting people with a brain injury with cognitive, emotional and behavioural difficulties?

Over the last thirty years the number of people living with the effects of an acquired brain injury has increased dramatically. More people are surviving brain injuries owing to the advances in medical knowledge and surgical techniques. Survivors of a brain injury generally have a normal life expectancy. This means that there are an ever-increasing number of people living with the long-term effects of brain injury.

It is estimated that across the UK there are over 500,000 people (aged 16-74) living with disabilities as a result of brain injury.

Headway Cardiff was established nearly thirty years ago to provide support to survivors and their families and to help them cope with the often devastating changes that occur following brain injury.

We run a range of services including a Day Centre, Carers Services, 1:1 support,

Social Events, Social Groups, Activities Group, Hospital Support, Counselling & Awareness Training.

If you have several hours to give every week and enjoy working with people, then you may want to consider becoming a volunteer Support Worker at our Day Centre at Rookwood Hospital, Llandaff, Cardiff. The Day Centre provides service users with an opportunity for peer support; to re-learn lost skills and find new ones; to regain confidence and self-esteem; to reduce isolation; to increase independence and to build a new social network. It provides survivors a safe, stimulating environment for them to share experiences, to practice strategies and to relax and have fun.

The volunteer role is to assist the staff team to engage the survivors in a wide range of programmed activities, offering support and encouragement where required.

It is a fun and rewarding role with an opportunity to utilise your own skills and interests.

We are a small and friendly team who value the contribution that volunteers make to our organisation.

If you are interested in finding out more, please contact: Nia Morgan on 029 2057 7707, nia.morgan@headwaycardiff.org or look at our website www.headwaycardiff.org

BELL RINGING

Unless you live right in the centre of Radyr, you may not have paid much attention to the sound of the bells being rung in Christ Church on Sunday mornings before the 11am service or Thursday evening practice nights. But they have been part of our community's life for over 100 years.

The bell tower was the last part of Christ Church to be completed – the bells were first rung in 1910. They're rung regularly for Sunday services and of course weddings and there is the wonderful symbolism of the muffled bell when the community gathers at the War Memorial on Remembrance Sunday. But from time to time something much grander is attempted and a peal, in which the bells are rung for three hours, has been rung to mark all major state occasions.

Trevor Lewis has been ringing in Radyr for 65 years and remembers ringing a peal for Winston Churchill's funeral and all sorts of state and royal occasions. But mostly these days the term rings a quarter peal, as they did to celebrate the induction of Rev. Jenny Wigley as Rector in 2006. Ringing for 7 hour is certainly less intrusive for the neighbours in Heol Isaf!

When Tower Captain Trevor Lewis was asked what is bell ringing's 'appeal' (pun definitely intended!), he said simply "It's the team work and then the mental and physical challenge. You can continue to ring into very old age". And he's right – the oldest member of the tower is 86. And the youngest 13.

Radyr Bell Ringers are always looking to welcome new members. Training will be given, so don't worry if you have no experience – just come along to one of the practice nights. Thursdays at 7.30pm.

RADYR FOOD FOR THOUGHT

Venue: The New School Rooms, Heol, Isaf, Radyr

Time: Tuesdays 12.15-2pm

Membership Fee: £20.00

Lunch: £6.50. Talk only: £2.00

Autumn Programme 2014

October 7: The use of plants in herbal medicine - Laura Carpenter

October 14: A Miss Adventure in Pakistan
Anne Richardson

October 21: Villages and hamlets of Cardiff
Richard Brittain

October 28: HALF TERM

November 4: TRIP

November 11: Caroline Herschel, First Lady of Astronomy - Maggie Collins

November 18: William Lever & Port Sunlight
Mrs. Robson

November 25: Soap making and designing
Suzanne Trenchard

December 2: TRIP

December 9: Poems and Stories
Laura Pearson

Next Term begins on
13 January, 2015

Telephone Number 2084 2461 or
20552610

New Members Welcome



RADYR CHAIN

NEWS FROM RADYR AND MORGANSTOWN

FREE EVERY TWO MONTHS

Extracts from the *Radyr Chain* 1st three editions. Future extracts will appear in the appropriate current editions of *Radyr Chain*.

Spring 1979 - Editorial

'It is not usual in the first issue to talk about the name given to a newspaper, but this happy inspiration of one of those who worked on its production embodies all that the paper is likely to achieve. Later the historical significance of 'Radyr Chain' will be made clear: sufficient now that it embodies our aspirations that this paper will act as a chain linking past with present; the old with the new'

PC Mike Jones – Our Village Policeman

'Watch Out – there's a thief about!' How many times have you seen this? In an affluent society, it could well be imagined that the crime rate would decline. Unfortunately, the reverse is true. So, when you go away for your holiday, the professional or non-professional thief will be clapping his hands. If the opportunity is there – the thief will take it! Please advise the police before you go away – cancel the papers, milk and other deliveries; secure your

house, lock all the doors and windows; leave a key with your neighbour and ask him to visit your house daily; deposit valuables or cash at your bank;

Finally, I would like to send a special message to the children – Learn your Green Cross Code! Use it, especially when walking to and from school. We don't want any accidents.

In February a scheme was launched in Cardiff to install (free) door chains in the homes of elderly people in an attempt to prevent unauthorised persons entering their property for bogus reasons.

Summer 1979

The 'Local' in Local Government

A newly elected Community Council has taken up office in Radyr and Morganstown. Out of nine candidates, seven councillors have been elected. The councillors will hold office for four years. The title Community Council is peculiar to Wales as in England they have retained the title of Parish Council. The first council was formed in 1974, following the Local Government Act of 1972. The first Chairman was Cllr Maurice Hendra and Mr Linton Leonard was Clerk to Council.



Autumn 1979 'Six of the Best'

These young people will now be in their fifties!

Radyr Comprehensive School' Six Form Farewell dinner of 1979 took place in the Royal Hotel in Cardiff. It was a particularly important occasion for it witnessed the end of an era. Among

those who left the school this summer were many who in September 1972 were the first school 'first-formers'.

At that time there were only three year groups and second and third year pupils had been 'adopted' from other schools. The school had been built around them, with cement and bricks everywhere.

CHAIN COOKERY CORNER

Ricotta and Amaretti Cheesecake with Baked Plums

This is a very light, baked cheesecake with a topping of seasonal plus. Serves 8.

120g (4¹/₂ oz) amaretti biscuits
100g (4oz) shortbread biscuits
50g (2oz) unsalted butter – melted

Filling:

400g (14oz) ricotta or mascarpone
250g (8oz) cream cheese – softened
75g (3oz) caster sugar
1 tsp grated lemon rind
2 eggs
1 egg yolk

For the baked plums and syrup:

5 ripe plums – stones removed and halved
1 vanilla bean, split and seeds scraped
1 stick cinnamon
90g (3¹/₂oz) brown sugar

Loose-bottomed flan tin – 26cm or 10" circumference
Light oven 150C/Gas mark 2

Place amaretti and shortbread biscuits in food processor.

Blend until coarsely chopped.

Add butter, process to combine.

Use back of spoon to press mixture into base and sides of tin.

Place in fridge for thirty minutes

Place ricotta, cream cheese, sugar and lemon rind into mixer. Beat for 3 minutes.

Add eggs and yolk and beat.

Pour mixture into shell.

Bake for 35-40 minutes until just firm.

Set aside to cool.

Refrigerate for one hour.

Increase oven to 180C/Gas mark 4

Place plums, cut side down with vanilla seeds, bean, cinnamon and sugar in shallow ovenproof dish.

Cover with foil and roast for fifteen minutes.

Turn over and cook for five minutes if needed.

Cool a little.

Place plums on top of cake.

Drizzle with plum syrup to serve.

AMP

News from Radyr Library

...from front cover

The next Children's book group will meet on Friday, 7th November, 5.30-6.30. It is aimed at the over 7s. If you are interested in coming along, call into the library as soon as possible and find out what we will be reading and collect your copy of the book. Read it and come back on the 7th to let us know what you thought.

Looking ahead to half term why not book a place on our Spooky Crafts session on Wednesday, 29th October. It will start at 11am and should provide lots of scary fun!

If you are struggling to use a computer, laptop or tablet, please come along to the library on Friday, 10th October from 2.30. We will have staff from Communities 2.0 in the library explaining what help is available. They will also be taking names for a drop in help session the following week, Friday 17th from 2.30-5.30. If you have a laptop, tablet or smart phone, bring it along or use one of the library computers.

If you would like to donate to a Cardiff Food Bank, we will be having a collection box in the library. We also have a list of the foods they need, so please check before you donate. Sustrans, the cycling and public transport support charity will be having a display in the library between 13th and 15th October and will be answering any questions on Friday, 17th October between 2 – 4.30.

Finally, we will be starting to plan our Christmas activities shortly. Look out for our Christmas coffee morning and other events advertised in the library and come and support as many as you can.

Enjoy your autumn reading.
Anne, Jen and Caroline
Radyr Library 2078 0996
radyrlibrary@cardiff.gov.uk

RADYR, MORGANSTOWN & DISTRICT GARDENING CLUB

A warm and sunny day in July saw 26 members and friends visit The Laskett Garden, the private garden of Sir Roy Strong. The garden, which is situated between Ross and Hereford, reflects Sir Roy and his late wife's (the theatre designer, Dr. Julia Trevelyan) interest in the arts, antiquities and design. Everyone enjoyed the visit and had much to discuss over lunch; we all agreed that the garden warrants a further visit.

Our 25th season got off to a good start with the September meeting and a talk by Rosie James (Landscape Officer for Cardiff Parks) who spoke about Cefn Onn Parc. The early history and the development for the Prossers is well known. Rosie James noted that the period from the mid 1920's up to the acquisition by Cardiff City was sketchy until a chance encounter with a relative of Tom Jenkins, head gardener at this time, put her in touch with his daughter and family in Australia who were able to fill in a lot of the gaps! She also discussed the effect of "sudden oak death" on the rhododendrons and other planting and the work that Cardiff City Parks have put in to combat this and the future proposals they have for the ongoing restoration and development of Cefn Onn.

Our meetings for the rest of 2014 are :

8th October - "Microscopic Algae" with Dr. Ingrid Juttner of National Museum of Wales. Dr. Juttner will illustrate types of algae and how they affect the garden. She will be bringing microscopes and has asked for samples of algae for her to identify and for us to look at in detail.

12th November- "Miraculous Mazes or Mazes, Maths and Magic" with Lindsay Heyes. Mr. Heyes will cover the history, myths and legends of mazes as well as showing recently constructed mazes.

Full details of these talks and the rest of the programme are available on the Radyr website.

Meetings are open to all and take place on the second Wednesday of each month from September to April (with the exception of December) with illustrated talks and demonstrations. Some speakers bring examples of the plants they talk about and others bring plants for sale.

Visitors and New Members will be made very welcome. You don't have to know the Latin names of plants or have green

fingers to come to a meeting; few of our members would claim to be experts. We just share an interest in gardens, plants and generally growing things. So come along – you will be very welcome.

All meetings (apart from visits) are at the New Church Rooms, Heol Isaf starting at 7.30pm and are followed by refreshments.

Please see village notice boards and Radyr website (www.radyr.org.uk) for programme details and any changes or contact any committee member or our Chairman – Richard Gregory (029 2084 2084).

New Credit Union information point in Radyr

Cardiff & Vale Credit Union is a local non-for-profit organisation with over 6,500 current members. The Credit Union has set ambitious targets to help more local people access their services in future. They aim to encourage the savings habit, and to offer affordable loans to keep people from falling into the hands of the pay-day lenders.

In partnership with **Christ Church Radyr and St. John's Danescourt**, the Credit Union wants to ensure that as many people as possible benefit from the services they offer. Information points have been set up in the foyers of both church halls – just pop in and take a leaflet.

Credit Union Business Development Officer Rizwan Shams says "Savings can be hard especially in this day and age. There is a saying 'every little helps', so we must encourage ourselves to save at least a few pounds a week instead of spending that money on an expensive cup of coffee or a luxury item from the supermarket. This is a great opportunity to start savings or borrowing ethically and to support the local community and economy".

If you would like more information:

- Call 029 2087 2373
- Visit the website www.cardiffcu.com or email ccu@cardiffcu.com
- Like us on Facebook
- Call into the office at the Advice Hub in Marland House, Central Square, Cardiff or information points at **Christ Church Radyr and St. John's Danescourt**.

MY BROWNIE ENROLMENT

When I was two weeks old my mum put me on the Brownie waiting list. I had to wait seven years until I could do my promise. I wanted to join Brownies because it looked fun. My mum and sister were in Brownies.

When I first came to Brownies I was called a Tweenie, which is a Brownie who has not done their promise.

In the ceremony I was asked questions. I was asked "Have you done a good turn today?" "Show us your Brownie smile" and "Are you ready to make your Brownie promise?"

I made my promise to Brown Owl. Then I got my badges and certificate.

My sister Louise took me to the pond. The other Brownies said "Twist me and turn me and show me elf, I looked in the



water and there saw" and I said "Myself!"

I LOVE BROWNIES!

Anwen Dubberley, 3rd Radyr Brownies

RADYR NSPCC COMMITTEE 2014

We are very pleased to announce that the NSPCC has made £1,264. since May this year.

The Summer Coffee Morning raised £1,053. We would like to thank both Pugh's Garden Centre for their generous donation of bedding plants and Memory Lane who kindly gave us cakes to sell on the cake stall. The Golf Club Ladies donated £157., the proceeds of the raffle at their Open Competition. We would also like to thank the Radyr Newsagent for the donation of £54. The use of Radyr Golf Club is very much appreciated and we would like to thank the Manager and his Staff for all their help.

Our next date is the Christmas Coffee Morning on Thursday, 13th November. We will also have a stall and 'lucky dip' on 5th December in Radyr Village at the switching-on ceremony of the Christmas Tree Lights.

The Committee are delighted that the NSPCC has been chosen as the Charity for the 2015 Radyr Festival. Plans are already underway with lots of ideas for money making events.

The publicity in the media surround the dreadful court cases recently makes us all realise the need for a charity such as the NSPCC. We would like to thank our loyal and generous supporters as your contributions are vital.

CAROLINE'S RETIREMENT

Dear Friends,

It is with much sadness that we announce Caroline's impending retirement from the Librarianship at Radyr Library in late October.

Caroline came to Radyr Library in 2001 from a post in Rochdale Library service. Rochdale's loss was our gain without doubt. She immediately forged links with the schools and local groups. Throughout her time at Radyr, Caroline has worked tirelessly to promote Cardiff library service and in particular, Radyr Library. As her colleagues, Jen and I know just how many hours she has worked over and above her working hours, without pay, to offer outreach to different groups within this community. Her storytelling sessions have captured the imagination of the children and this is evident in the volume of children enrolled on the summer reading challenge. This year over 600 tots, children, teens and adults have enlisted. More than any previous year. Caroline's vivid descriptions of books have inspired children in their reading choices. Her dedication to delivering a library service to everyone does not stop in Radyr and Morganstown. Caroline visits Creigiau, Pentyrch, Gwaelod y Garth and Craig y Parc schools, Dan y Bryn Cheshire Home and started two reading groups as well as being proactive promoting the library at the Radyr and Morganstown festival and Christmas events.

Apart from being very professional, Caroline has been a wonderfully supportive "boss", a kind friend and just a thoroughly nice person.

It has been our pleasure to work with her and we hope readers of the Radyr Chain will spread the word and join us in wishing Caroline a very long, happy and healthy retirement.

She will be a hard act to follow.

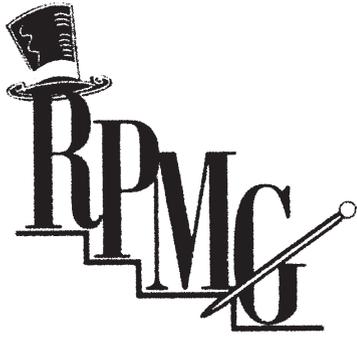
Anne and Jen

RADYR GUIDE CENTRE HAS BEEN TRANSFORMED OVER THE SUMMER

When the Guides, Brownies & Rainbows moved out the builders moved in! While the girls enjoyed all their usual activities in different venues around the village various contractors got to work. Initially the floor and ceiling were removed and piles were driven in to underpin the rear section of the hall. A new floor was laid and the ceiling was replaced. The toilets have been upgraded and we now have suitable facilities for disabled visitors. Finally, once the building works were complete, along came the decorators and flooring contractor. Remarkably, all this took place in less than twelve weeks, thanks to the dedication of the Contractors and fine weather. New tables and chairs have completed the transformation.

Radyr Guide Centre is now a welcoming and safe environment for the Guides, Brownies & Rainbows to enjoy their weekly activities. It will also be enjoyed by the members of the Yoga group and Extend class as well as Playworks After School Club and Wrap Around Care. The Guide Centre is also available to hire for parties or meetings – why not take advantage of our special Children's party rate £25. for three hours. For further details please phone our Booking Secretary, 029 2084 3537.

Radyr Friends of Guiding would like to thank the Head Teacher & Governors at Bryn Deri Primary School, 1st Radyr Scout Group and The Rector & Radyr PCC for accommodating all the various groups who would usually have used the Guide Centre, whilst the building work was carried out.



THE PIRATES OF RADYR?

Rehearsals have started for our 2015 show, 'The Pirates of Penzance'! We got off to a cracking start with an entertaining introduction by our Producer, Jane Tabenner and our Musical Director, Ben Pinnow. We were pleased to welcome back our regular members and were delighted to greet the large number of new folk who have decided to enjoy with us the fun of this lovely G&S operetta.

We rehearse every Friday evening at 7.30 in the New Schoolroom at Christchurch in Radyr. If you too would like to join us, please contact our Secretary, Judith Jones on madlady33@btinternet.com or just come along!

We would be particularly pleased to hear from anyone who could help us with costumes this year. If you have an eye for style and enjoy a challenge, contact us!

Please make a note of our show dates for your new-year diaries. They are Wednesday, 18th February to Saturday, 21st February, 2015 at the Bishop of Llandaff High School. Tickets will be available in January.

We have introduced a new scheme this year, 'Friends of Radyr Parish Music Group'. By becoming a 'Friend' you can provide vital financial help to the group and in return receive valuable benefits. Our Friends' Coordinator, Tessa Davies, tessajdavies@gmail.com would be happy to send you details.

To find more about our friendly group, go to www.music.radyr.org.uk or find us on Facebook under [radyrparishmusicgroup](https://www.facebook.com/radyrparishmusicgroup) or even [Twitter@RPMGweb](https://twitter.com/RPMGweb).

Martin Coysh Chair Radyr Parish Music Group
martincoysh@outlook.com

Kesho Kenya

From February to April this year I volunteered with VSO ICS in Kilifi on the east coast of Kenya. ICS is a scheme run by the department for international development which funds young people to volunteer abroad for approximately three months, working alongside volunteers from the host country. As an ICS volunteer I both lived and worked within the local community, perhaps my most enjoyable and rewarding work placement was with Kesho, Kenya.

Kesho (meaning tomorrow in swahili) is a charity that aims to increase access to education and improve social mobility by supporting children from the poorest 4% of backgrounds through school. Kesho both supports the children's learning and provides for the essential books, pens and school uniforms for them to attend through their own individual sponsors. The majority of these sponsors come from developed countries.

Although the Kenyan government is now able to provide free primary education universally, the standard is far, far below what we are used to, as well as that of Kenyan private schools. One big problem in Kenyan state schools is the lack of resources available, whilst British primary schools are used to interactive white boards and felt tip pens, Kenyan kids are lucky if there are enough exercise books to last the term. The pupil to teacher ratio is also exceptionally high; it is quite normal to find just one teacher with a class of perhaps ninety children. In such circumstances, children are fortunate if their teacher can find time to learn their name or even to mark national exams. Therefore, Kesho volunteers spend a lot of time working one-on-one with the children to make sure they stay on track at school and work on skills like English and ICT, which in Kenya, would usually only be accessible to children attending a private school. Indeed much of my time as a volunteer was spent reading with the children in English. By providing extra opportunities for the children, Kesho hopes to give some of the poorest children a fairer chance in life and the opportunity to build a career that can lift them out of poverty and maybe even change Kenya for the better.

Having worked with a number of different institutions in Kenya Kesho and its staff really stood out as one of the most professional and hardworking organizations. Their help and the sponsors' money really does go directly to the children in need and truly transforms their lives.

You can find out more about Kesho and the role of sponsors at

www.keshokenya.org/index.html

Clare Harwood

TO THE RESIDENTS OF RADYR & MORGANSTOWN

As you may now know, we at Vintage Gem have relocated from Station Road to our new premises in Taffs Well. We took the decision to relocate simply because we had outgrown our little shop. We now have the space to display larger items and we can run our furniture painting courses, craft workshops and events all in one place.

It has not been an easy time for small businesses in the area, with the restaurant closures and the reduction in business hours at the bank having a big affect on footfall in the village, so we have truly appreciated and valued your support. We have met a lot of lovely people in our time here, made some wonderful friends and have lots of great memories to take with us. We hope that you will visit us in our new premises and also that you will continue to support your small local businesses in the area.

Our new address is Garth Works Industrial Estate, Unit C3a, Taffs Well, CF15 7RN. We are opposite Taffs Well Train Station in front of the Forge Masters.

With Kindest Regards
Pat and Gem

Dear Editors,

It was September 1990 when I taught my first class of children at Bryn Deri Primary School. Twenty four years and over six hundred children later I find myself looking back at the very rewarding time of my life.

I am grateful to the editors of 'The Chain' for allowing me the opportunity to express my gratitude to the Governors, staff, parents and children of the school, many of whom have become friends. I have enjoyed the kindness and support of many over the years and it has been a privilege to teach so many special children.

Having made the decision to retire it was a daunting challenge to face my last week at the school. The whole experience was overwhelming and I will be eternally grateful for the kindness shown towards me. To receive so many good wishes and gifts from the children, parents, grandparents, teenagers and adults I have taught and from people from the local community was very special.

Thank you to everyone, especially for allowing me to spend time with the wonderful children of Radyr!

Gary Waters

RADYR SIDINGS RESIDENTS ASSOCIATION

Monday 20th October

8pm

GARTH ROOM OLD CHURCH ROOMS

This is the inaugural meeting, where we will look to discuss some of the issues affecting residents on the estate, such as the vacant plot and the park.

The aim of the association is to safeguard and promote the interest of residents in the area on matters concerning housing and the environment.

Got an issue? Email us: radyrsidings@gmail.com

Dear Editors,

I write to you with much excitement as I have been fortunate enough to be offered one of 22 places at the Arts Educational Schools London on their full-time foundation course in Musical Theatre. With no government funding available to me, I am seeking sponsorship and financial support with a view to continuing my education in the performing arts.

A little bit about me ... Originally from Cardiff, eighteen years of age and now living in London. At age seven I was diagnosed with Wolff-Parkinson-White syndrome, a heart condition for which I have to take daily medication. I have since had several surgical procedures without success, with another procedure due on 15 August at a major London heart hospital. Whilst difficult, I have never let the condition set me back from

my ambitions. If anything, it has been the route of my drive and determination.

I was able to leave high school with 8 A*s, 4A's and a B grade at GCSE and during my time at Radyr Comprehensive School, I was lucky enough to perform in three Welsh National Opera productions which toured the UK. From the age of 16, I have been in constant employment. From a barista at a snail-themed village deli to a Christmas elf at Hamleys toy store. I have worked wherever and whenever I can in order to support myself. Currently, I am working for Serve Legal, a company that helps to reduce the sale of age-restricted products to minors. I also regularly work in TV and film as a background extra. This past academic year, as opposed to studying for A Levels, I have attended Arts Educational Schools on the part-time foundation course in Musical

Theatre, which I managed to fund through my own efforts. My successful audition for the full-time foundation came as a result of hard work, dedication and expert tuition during this past year.

The course ... The full-time foundation course will be beginning its second year this September and I have been extremely lucky to gain a place given that there are only 22 new students per intake. With a syllabus that is recognised by City University, tuition runs from 9am to 5pm, Monday to Friday and is intensive to say the least. I will attend classes in jazz, tap, ballet, acting technique, as well as receiving invaluable private vocal tuition, all led by industry professionals.

The fees ... Training of this calibre is not available elsewhere. With the average singing lesson in London costing around £60. for an hour's tuition and dance classes at around £10. per class, excluding monthly membership fees (a steep jump from the £2. a week drama groups in the draughty village halls of Wales), it would be impossible for me to fund and attend enough external classes for me to reach the standard required for degree course training. A lack of government funding in the arts means that no financial help is available to me for this foundation course and the fees for the year stands at £9,320., not taking into account the cost of living in London and the cost of the dancewear and equipment I will need to purchase prior to the commencement of the course.

I have taken a huge risk in accepting my place on the full-time foundation without having the funds readily available to me and having only received my acceptance letter last week, I have a very limited timescale in which to raise the fee. Over the past few days I have created a crowd-funding campaign where £165. was donated to me in the first 24 hours and set up a Facebook page to raise awareness. I also plan to begin video blogging to engage my audience. I realise that it is very unlikely that I'll be able to raise the full amount by September. However, if I am able to get the first terms' fee (around £3,100), I will be able to start the course and continue to work hard and fundraise the tuition fees.

Yours sincerely,, Benjamin Hardie.

07807 77 80 66

Benhardie30@gmail.com

DICKENS THE CHIMES

As a pre-Christmas treat the R&M Association are bringing Dickens' classic ghost story *The Chimes* to Morganstown Village Hall on Wednesday, 10th December at 7.30pm.

The Chimes is presented by professional Swansea based theatre company Lighthouse, who brought their delightful production of Dylan Thomas' *Reminiscences of Childhood to the May Festival*. *The Chimes* is the second of the ghost stories that Dickens wrote, the first being *A Christmas Carol*. *The Chimes* packs as powerful a punch now as it did at the time.

In the run-up to the festive season, local porter, Trotty Veck falls asleep in the doorway of the church. Woken by the bells and magically dragged up the

tower, he has just one chance to change this world ... but will he listen to the bells? *The Chimes* is a Victorian It's a Wonderful Life filled with all of the master story-teller's colourful characters and heart-rending poignancy.

Fresh from successful adaptations of *Reminiscences of Childhood* and *A Christmas Carol*, Lighthouse Theatre brings their signature style to this classic by the most theatrical of authors. With a company of five, carols, music and – of course- bells! ... this show is sure to be fast and funny, inventive and entertaining; but most of all a Christmas treat to reinforce the message of this festive time of the year.

Tickets £9., concessions £8., students £5. can be obtained from ener-chi, Station Road, Radyr, Nick Hawkins 2084 2561 or Allan Cook 2084 3176 or tickets may be bought online at rma.ticketsource.co.uk

THE SCHOOLMISTRESS



The Radyr Drama Society's next production will be the delightful Victorian farce, *The Schoolmistress* by Arthur Wing Pinero. Pinero is probably the best known of the late Victorian playwrights and certainly the most often revived. He is best known today for his three classic farces, *Dandy Dick*, *The Magistrate* and *The Schoolmistress* as well as his many other plays which include *Trelawny of the Wells* and *The Second Mrs. Tanquery*.

The play is set in a finishing school in one of London's grander squares a few days before Christmas. Why is the headmistress, Miss Dyott, leaving her school where some of the girls will be resident over Christmas and her good-for-nothing husband of a few weeks, to spend Christmas with a friend in Hereford? What will happen to Dinah, who has married against her parents wishes and has been incarcerated in the school to keep her away from her husband?

Miss Dyott's new husband invites his friends around for a party pretending that the school is his fashionable lodgings. Ad a bumbling Admiral, his hen pecked wife, a popular composer, a couple of comic servants one of whom loved playing with fireworks and the arrival of the local fire brigade to have all the complications required of a classic farce. The large cast is made up of old favourites and new blood. Roger Page and Pauline Watson as the Admiral and his wife, Brian Willis as the composer Bernstein, Peter Griffiths as the good-for-nothing husband and Julia Hallinan as the Schoolmistress.

The play is directed by Allan Cook, who directed Dickens' *A Christmas Carol*, *The Wind in the Willows* and the classic comedy *Sailor Beware* for the Society. It is designed by Raymond Riveron who is well known for his brilliantly detailed sets for the Radyr Parish Music Group.

The Schoolmistress can be seen at Morganstown Village Hall on Thursday, 22nd, Friday 23rd and Saturday 24th November at 7.30pm. Tickets can be obtained from the usual sources.

Morganstown Village Hall
Wednesday 10th December at 7.30pm
Tickets: £9, £8 (conc), £5 (students)
Available from Ener-Chi, Station Road, Radyr
or Tel: 20 842 561 or 20 843 176

Radyr & Morganstown Community Council

Cyngor Cymuned Radur a Threforgan



We are working with a dedicated, knowledgeable group of volunteers to plan events as part of the WW1 commemoration in R&M. Elsewhere in this Chain, there is an announcement about the project and our successful grant application to Heritage Lottery Fund. If you are interested in being involved, please contact Helena Fox.

The Local Development Plan (LDP) continues to be major part of R&MCC's work. Now that the LDP has been deposited with the Welsh Government, we are preparing to represent R&M at the Inspection Hearing in the New Year. This is our last chance to amend the LDP. Once the LDP is adopted next year it will be the main consideration for all Cardiff's planning decisions so our arguments will have to be persuasive. Our main objective is to have development in NW Cardiff phased to allow it to be aligned with the Metro. Without this, we say, the transport problems will be immense.

Developers have submitted applications to start building before the LDP is adopted. There is little chance that they will be refused and we have and will respond to them. All

our responses and correspondence can be seen on R&MCC's LDP page on the website. By the time you read this it is likely that applications will have come in for three sites on the edge of Strategic Site C, that is the farmland between Radyr, Danescourt and St Fagans. We expect the application for the rest of the site to come in around October/November. Developers are already exceeding housing numbers recommended in the LDP and we will be watching this closely.

We objected to the application to build 1,500 dwellings and other buildings at Strategic Site D south of Creigiau. We argued that unless all the deficiencies about transport are addressed this site cannot be sustainable without the Metro because residents will be reliant on cars to reach anywhere outside the development.

We responded to a Llandaff Air Quality Management Area (AQMA) report, pointing out that it did not take into account all the development proposed in NW Cardiff (11,650 dwellings), nor the proposals for the BBC site. Air quality in Llandaff on and around Bridge Street has been monitored for

some time. It is often on the brink of exceeding nitrogen oxide levels and sometimes does so. We argued that the planning application to develop Site D above be refused because the road traffic it would generate would increase pollution in the Llandaff AQMA. There is a proposal to develop the BBC site east of Llantrisant Road and build a superstore with 572 car parking spaces and reconfigure the roundabout at Bridge Street. This would also add considerably to traffic in and around Llandaff.

If you would like to receive template responses to the LDP planning applications so that you can submit them in your own name we would be very grateful. Cardiff does take note of the numbers they receive. Just call Helena Fox on 20842213 or email clerk@radyr.org.uk to be on the mailing list.

Helena Fox
Clerk to R&MCC
The Old Church Rooms,
Park Road, Radyr,
Cardiff CF15 8DF
Tel. 029 2084 2213
Email : clerk@radyr.org.uk

FILM CLUB

The film club in the Old Church Rooms got off to a good start in September with The Grand Budapest Hotel.

Future films will be:

23rd October at 7.30pm. The Two Faces of January. A stylish adaptation of the Patricia Highsmith thriller set in 1962 Athens. Kirsten Dunst and Viggo



Mortensen are a wealthy couple with a dark secret who lure a young tour guide into a web of mystery and danger. Very elegant and very "Hitchcock" it has such a 1960's feel that the BBFC felt moved to issue a warning about on-screen smoking. Cert [12A] duration 94 minutes.

28th October at 2.30pm. Half Term Matinee of Malificent. This Disney attraction tells the back story of how Snow White's wicked stepmother became so evil. Starring Angelina Jolie and Elle Fanning, masses of money was spent on this spectacularly entertaining attraction. Suitable for adults and children. Cert [PG], duration 95 minutes.

27th November at 7.30pm. Belle. This film is inspired by the true story of Dido Elizabeth Bell, the illegitimate mixed race daughter of Admiral Sir John Lindsay. Raised by her aristocratic great-uncle Lord Mansfield and his wife, Belle's lineage affords her certain privileges, yet her status prevents her from the traditions of noble social standing. While her cousin Elizabeth chases suitors for marriage, Belle is left on the sidelines wondering if she will ever find love. After meeting an idealistic young vicar's son bent on changing society, he and Belle help shape Lord Mansfield's role as



Lord Chief Justice to end slavery in England. Cert [12A] Duration 104 minutes.

Ticket price £4. can be obtained from ener-chi in Station Road, Radyr, Nick Hawkins 2084 2561 or Allan Cook 2084 3176. Tickets may also be bought online at rma.ticketsource.co.uk

There isn't a drinks license so bring your own drinks and popcorn.

OPERATION CHRISTMAS CHILD

Since 1990, OCC has been blessing underprivileged children around the world with gift-filled shoeboxes wrapped and packed by children and adults in the UK. It's a campaign that thousands of schools, churches and other organizations from across the UK get involved with between September and November each year. In fact, it is now the UK's largest children's Christmas appeal.

The idea is simple. Children and adults wrap and pack shoeboxes with a range of gifts and take them to a convenient 'drop off' point. After processing for export purposes they are sent overseas where local churches distribute them to children on the basis of need, regardless of their background or religious beliefs. It is an unconditional gift of love.

As an example, last year victims of the Typhoon Halyan on the island of Bantayan in the Philippines were sent boxes. They provided a little ray of hope. Also last year Syrian children who were experiencing the terror of war had 70,000 shoeboxes airlifted from North Caroline to be distributed to Syrian refugee children.

Since 1990 more than 113 million boys and girls in over 130 countries have received a shoebox from OCC. Can you help?

Instruction leaflets are available from Christ Church, St. John's Church (Danescourt) and myself.

Also available are official, coloured, flat packed shoe boxes at 40p each. From the same sources.

If you wish to continue wrapping your own shoe box, that is fine.

Filled boxes may be taken to either Church on 'Shoe Box Sunday', **16th November** or to me.

It is vital they are not later than this date, as the collection date is arranged.

Any queries to Anne-Marie Phillips, Ty Gwyn, Kings Road, Radyr (2084 2526).



GLAMORGAN & GWENT
PHYSIOTHERAPY



Tennis & Golfer's Elbow

"Tennis elbow" and "Golfer's elbow" are common terms for tendon pain in the elbow and can occur from overuse of arm, forearm and hand muscles. You don't have to play tennis or golf to get it, but the terms came into use because it can be a significant problem for some sports men and women.

Tennis elbow (lateral epicondylitis) affects the tendon on the outer side of the elbow and golfer's elbow (medical epicondylitis) affects the tendon on the inner side of the elbow. The pain is due to inflammation and micro trauma to the tendon.

Both tendons are involved in wrist movements – bending the wrist back in the case of the lateral tendon and down in the case of the medical tendon.

Tennis elbow can occur when playing tennis, perhaps as a result of overuse or hitting a ball awkwardly, but it is more common during other activities that require repeated gripping and twisting movements such as painting and cleaning windows, or as a result of a sudden strain caused by lifting.

Golfer's elbow may be caused by an acute injury or by repeated strains sustained when playing golf, but it is more commonly associated with other activities which involve a bent wrist such as gardening or racquet sports. Both problems can come on for no reason and are more common in the 40-60 year age group as the tendons become less flexible.

Symptoms are tenderness and mild swelling at the affected area. Wrist and elbow movements can be painful. In severe cases pain may persist at rest.

Treatment Options

To prevent the inflammation from getting worse, it is important to avoid repetitive movements of the wrist and elbow as well as any other movements that seem to increase the pain.

- If it comes on after or during a specific activity then it is important to check your technique.
- Ice can help reduce inflammation – wrapped ice packs applied for 5-10 minutes twice a day can ease symptoms.
- Oral or gel-based non-steroidal anti-inflammatories.
- Stretches – regular wrist stretches to lengthen the forearm muscles to reduce the pull on the affected tendon can ease symptoms.
- Physiotherapy – identifying the specific tendon which is giving you pain and localised treatment to kick start the

healing process, such as deep massage/frictions to the tendon and ultrasound.

- A forearm support brace can reduce the tension of the tendon for specific activities or sports.
- If the pain is not relieved by any of these measures, then your GP may suggest a corticosteroid injection which may be given directly into the tendon to reduce inflammation.

Once the swelling has reduced, exercises to strengthen the forearm muscles will help to prevent recurrence. Repetitive movement of the tendon should be minimised or avoided.

Please feel free to contact me if you would like any help, information or treatment on elbow pain or any other aches, pains or strains.

Clare Rayner BSc(Hons) MCSP – Glamorgan and Gwent Physiotherapy at Radyr Golf Club

Phone: 07551 991 773

Email: Clare@gngphysio.co.uk
www.gngphysio.co.uk

WWI in Radyr & Morganstown : At Home and At War

We are delighted that R&MCC has been awarded £9,700 from the Heritage Lottery Fund to support our commemoration of WWI. Over the next two years we will explore the effect of WW1 on R&M, investigating the history of our War Memorial and contemporary commemorative volume: where people lived and what happened to them. We will explore how life changed at home, particularly for children, and compare WW1 histories with our twin, St Philbert de Grand Lieu, Nantes.

We invite you to our drop-in launch event on Friday October 24 in the Old Church Rooms: 3:30pm – 9pm. Come and see what we are planning and how you can be involved. Do you have WW1 heritage items to lend to an exhibition of local memorabilia planned for next spring? Contact Helena Fox on 20842213 or clerk@radyr.org.uk.



Merched y Wawr Bro Radur

Dwy chwaer sy'n enedigol o Aberystwyth oedd gwesteion y noson 'Brethyn Cartref' yng nghyfarfod y gangen Nos Fercher, Mehefin 4ydd. Bu Eira Williams ac Ann Williams yn byw, hyfforddi a gweithio yma yn y de-ddwyrain a dyma'r ddwy, flynyddoedd lawer yn ddiweddarach, wedi dychwelyd i'r ardal. Mae Eira a Gwilym yn byw ym Mhentyrch ac Ann hithau yn y brifddinas a'r ddwy chwaer yn achub ar y cyfle i fwynhau noson allan gyda'i gilydd yn y gangen bob mis [mae Eira yn aelod yng nghanen Y Garth hefyd]. Symudon nhw i fyw yn nes at eu plant: Heledd a Gwenan a Gethin yr wyr gan Eira a dau fab gan Ann, Aled a Meilir. Bu Irfon, gwr Ann, farw ddwy flynedd yn ôl.

Ymysg y 'darnau ohonof' ddaeth y ddwy i rannu gyda ni roedd lle amlwg i lyfr ABER Keith Morris gan mai yn Faenor Street, Aberystwyth y magwyd hwy. Roedd Capel Seilo yn gyfleus iawn, Aelwyd yr Urdd a glan y môr wrth gwrs! Gyda'u tad yn gysodydd yn y 'Cambrian News' câi'r plant 'Cymru' a'r 'Aelwyd' yn boeth o'r wasg. Cafodd 'Help Llaw' John Thomas ddefnydd cyson drwy gyfnod ysgol y chwirydd. Roedd Eira a'i ffrind gorau, y diweddar Iona Jones (aelod selog yng nghanen Bro Radur), ym mharti cerdd dant Llinos, gwraig John Thomas. Roedd llawer o luniau diddorol yn cofnodi ymddangosiadau Eira ac Iona gyda grwp canu fu'n diddanu gwylwyr TWW. Yn 1952 roedd Iona ac Eira yn aelodau o'r ddawns flodau yn Eisteddfod Genedlaethol Aberystwyth. Pan ddychwelodd yr eisteddfod yn 1992, roedd Eira yn athrawes yn nhre ei magwraeth ac yn un o hyfforddwyr y ddawns flodau!

Nyrs oedd Ann a daeth ag amryw o eitemau diddorol gyda hi, yn eu mysg ffiguryn bach (un o gasgliad o tua 50!) o nyrs gyda'i chap gwyn, ffrog las, ffedog wen a'r gwregys hardd. Clywsom lawer o hanesion dwys, difyr a doniol gan Ann o'i chyfnod mewn ysbytai yng Nghaerdydd a Wrecsam, fel nyrs ardal, mewn adran 24 awr mân-ddamweiniau ysbytai cymunedol ac yn ola mewn meddygfa yn Rhuthun. Noson ddiddorol, ddifyr a phawb wedi mwynhau'r cyfle i wybod mwy am y ddwy chwaer. Dymuniadau gorau iddyn nhw yma yn ein mysg.

Meri Griffiths

RADYR CRICKET HISTORY – CAN YOU HELP?!!



In the summer of 1890 a group of young Radyr men came together to play cricket: friends enjoying each other's company, playing their favourite sport at Rectory Field a local spot in the heart of their village. And so was born Radyr Cricket Club. Formal fixtures with other clubs soon followed and in 1908, a magnificent new ground was opened at Riverside, courtesy of the Earl of Plymouth.

Here we see the successful side of 1908 posing for an end of season photo; men and boys of all backgrounds, joined together by a love of the game of cricket.

Next year Radyr Cricket Club will celebrate its 125th anniversary. With more than 300 junior and senior members, it has built on the legacy of those early cricketers. It continues to be a major part of the social fabric of the village.

For any community cricket club, providing health exercise, competition, friendship and participation for 125 years is a special achievement and something to be very proud of. It needs to be recorded permanently. To do this we aim to write a history of our club. We want to commemorate our past, to honour our previous players, to recognise the support that so many families have given to us over so many years and to leave a record for future generations.

But writing the history of Radyr Cricket Club will not be easy. Many of our records were lost in a tragic fire in 1973 when our clubhouse burnt down.

Such treasures cannot easily be replaced. Instead, we must rely upon the memories and mementoes of those who played for us and of their relatives. It is here that we need the help of the community of Radyr and Morganstown.

Do you have old photographs, scorecards, fixture lists or other documents in your attic? Would you be willing to spare us some time to share your memories with us, to tell us about your experiences at the cricket club or those of your forefathers or relatives? Are you related to one or more of the families (such as Grover, Leaves, Ray, Foreman, Samuel, Aldridge and Holland) who supported the club in its early years before the Great War, between the two wars, or in the 1950s and 1960s? The photograph in this article was found in an attic; someone gave it to the club and some of our history was brought back to life.

If you can help, ease get in touch with either Richard Meads or Peter Scott. Our details are shown below.

Peter Scott

Tel: 029 2084 2106

Mob: 07702 936 528

Email: pms190361@gmail.com

Richard Meads

Tel: 029 2089 1299

Mob: 07889 274 793

Email: Richard.meads@bdl-europe.com

DR. WILLIAM PRICE



The last talk of this year at the local History Society will be given by Dean Powell, author of an extensive biography on the subject of Dr. William Price.

Dean calls his talk "Eccentric" but William Price was much more than that. Born near Caerphilly in 1800 his long life filled the nineteenth century. He was a physician, nationalist, Chartist, druid, early vegetarian, proponent of equal rights and of cremation.

He was the first person to conduct a cremation in the UK in modern times when he burnt the body of his son, Jesus Christ Price, on a mountain top near Llantrisant. He is often pictured wearing a "Davy Crockett" hat.

A statue has been erected to William Price in the centre of Llantrisant.

Dean Powell's talk can be heard in the Old Church Rooms on Thursday 6th November at 7.30pm. All are welcome.

LICENSING ACT 2003 - PUBLIC NOTICE OF APPLICATION IN A LOCAL NEWSPAPER

APPLICATION FOR A PREMISES LICENCE
(under Sections 17 or 71 of the Act)

Name of Applicant or Club

RADYR & MORGANTOWN ASSOCIATION

Postal address of premises or club premises including Post Code

**Old Church Rooms, Park Road
Radyr, Cardiff, CF15 8DF**

Statement of Relevant Licensable Activities or Relevant Qualifying Club Activities which it is proposed will be carried on, on or from the premises and the proposed hours of opening.

Between the hours of 12 Noon and 11.00pm (12:00 – 23:00)

- 1. The exhibition of a film**
- 2. The playing of recorded music**

The Licensing Register may be inspected at the Licensing Authority, Cardiff County Council, Licensing Section, City Hall, Cardiff CF10 3ND between 9.00 am and 4.00 pm (Monday to Friday except public holidays).

Any representations by a Responsible Authority or Interested Party must be made in writing to the above address by 20th October 2014.

It is an offence knowingly or recklessly to make a false statement in connection with an application punishable on summary conviction by a maximum fine of £5,000.

DANCE ANGELS STEP OUT OF THE WINGS!



Local dance troupe, Dance Angels who rehearse at Old Church Rooms, Radyr are due to perform at the Royal Albert Hall. The troupe who reached the live semi finals of Britain's Got Talent in 2011 will be providing 60 dancers to partake in a performance in April 2015. The group have stated to be extremely excited and overwhelmed yet nervous to perform to a crowd of thousands. The troupe recently won the Welsh street dance title and are due to commence intense training for the Royal Albert Hall.

Lauren Hall DANCE ANGELS *Cardiff's Premier Dance School*

ROYAL SCHOOL CHURCH MUSIC – SOUTH EAST WALES AREA

Members of Christ Church Choir participated in the Festival Eucharist at Llandaff Cathedral in July. We registered at 1.30 and this was followed by a choral rehearsal from 2-4pm. Our conductor from Bristol was extremely enthusiastic and an inspiration to us all. It is always a bonus if a small group is joined by many other groups with the same interest. We were around ninety people in total and made a fair amount of sound!

After a short tea break we 'robed up' and proceeded to lead the Festival Eucharist. Unfortunately, our organist Leigh Bracegirdle and organizer Nick Hawkins were both away at the time.

We look forward eagerly to our next event planned by RSCM.

