BARD POEM 2010



Elin Crotty of Bryn Deri Primary School winner of the WI Cup

The Forgotten Land

By The Doodle Nutter

The proud ruins, home to ancient history, but its crumbling walls fall prey to the river

Valiant swans sail the peaceful waters Sun covered patchwork fields look on from a distance at what's left of the once majestic palace

Clouds reveal pictures of the land as they gaze once again

Shadowed trees gently caress the water with their drooping branches

The rotting bridge makes the once great fortress inaccessible from the land

As night falls the fortress becomes a home again, but not for the people The walls and floor are tormented by rodents and birds as they return to their night time lair

Storm clouds brew, swirling overhead burdened by their heavy load

Torrential rain beats down, battering the crumbling walls

The peaceful river turns evil, a writhing mass of power, washing swans and cygnets alike out of their near water nests

As dawn approaches the castle resumes its normal state
A constant battle unhindered by people

between light and dark
The forgotten land, not known by

people
The seatle from the land that time

The castle from the land that time forgot

AFRICAN SINGER HELPS RADYR COMPREHENSIVE GET VERSED IN GLOBAL

ISSUES... by.

by Jessica Ure

Summer holidays may beckon – but local sixth formers from Cardiff went to London this week to learn how going to school can help to tackle poverty.

Fourteen sixth form students from Radyr Comprehensive School attended the annual Global Student Forum where they critically explored contemporary development issues and engaged with politicians, development practitioners and campaigners.

They also got the opportunity to meet with the former child soldier, now internationally acclaimed singer/songwriter Ben Okafor. In support of the sixth form conference and the theme 'Education Beats Poverty' Ben wrote and performed a charity song – and invited the students to rewrite the lyrics. Ben's song 'One Goal' is part of the international 1GOAL campaign for universal primary education Supported by FIFA (see www.join1goal.org) and luminaries like Gary Lineker, David James and Andy Cole.

In a special competition following the forum Radyr's students have been challenged to write and record their own versus to the song – the best to be used in the final recording of 'One Goal'.

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continued on page 5



Radyr Students Owen Stenner-Matthews and Eshan Mazumdar meeting Ben Okafor



Students were asked to think of a question to put to their local MPs relating to poverty and education, Radyr students met with Cardiff West MP Kevin Brennan in Westminster.

RADYR CHAIN



Free to every home in Radyr and Morganstown

Number 189

August 2010



Summer Sizzler at Lychgate Gardens

Following the postponement of the Sidings Sizzler on the 8th May this event was re-scheduled as the Summer Sizzler and took place at Lychgate Gardens on Saturday 19th June.

The Community plot was filled with marquees, stalls and activities for our younger residents during the afternoon and followed in the early evening with a cheese, paté and wine tasting. Free pizzas were distributed to all those at the event supplied by our own Italian restaurant, Café Lazio. The cheese and paté was supplied by our Veg Vendor, Alan. Both businesses based in Station Road shopping centre. Salon Nia provided free nail and make up care during the afternoon. The teenagers were offered free workshops for circus skills, dance, drama and graffiti artistry, along with two bouncy castles supplied by "Fun Times" of Llantrisant, who generously donated the proceeds towards the Charity - Ty Hafan. Sumo wrestling was seen in the centre of the event with other stalls provided by Tenovus, R&MCC, the Association, Slimmers World, Tracy Baker and her organisation and Kim a local resident. The smell of the barbecue and freshly baked crepes wafted across the plot attracting the mums and dads and local residents to come and join in the fun. Music filled the air.

The event was sponsored by Taylor Wimpey, who assisted in making the plot ready for the event on the day, and it's thanks to Peter Petit and his team for their assistance in this matter.

An event of this size relies on a small band of willing workers to plan and execute the organisation of the day. It thanks to all those who assisted on the day especially the team led by Clare Barnett from the Radyr Youth Centre, the Association, Radyr Golf Club and the Baptist Church. The photograph of our County Councillor, Rod McKerlich, learning how "to spin" is a worrying feature! We wish Becca Bodsworth a speedy recovery, as she was the original planner of this event. We hope that the residents of the new development at the sidings felt included in our village activities and will want to come and join us next year in the 2011 Festival.

David Carqill





COMING EVENTS



N.B. Details of all coming events can be found in the Diary section of the website www.Radyr.org.uk

SEPTEMBER

- 9 R&M LOCAL HISTORY SOCIETY, Old Church Rooms. BRIAN DAVIES of the Pontypridd Heritage Centre on IOLO MORGANNWG. All are welcome. 7.30 p.m.
- 23 Radyr and Morganstown Association present the welcome return of FLUELLEN in THE CORN IS GREEN by Emlyn Williams.

 Morganstown Village Hall. Tickets £8 concessions £7 those in full time education £4 from Veg Vendor Station Road Radyr Allan Cook 20843176 Nick Hawkins 20842561 available from early August.

7.30p.m.

NOVEMBER

11 R&M LOCAL HISTORY SOCIETY. Old Church Rooms. Dr. Amelia Pannett on the work of Cambian Archaeology and the MORGANSTOWN MOTTE. All are welcome. 7.30 p.m.



This edition of Radyr Chain is smaller than usual as we have not received many articles. Please send us news and articles that you think may be of interest.

The Sidings Summer Sizzler was a great success and a real Fun Day out. The event was sponsored by Taylor Wimpey and thank Peter Petit and his team for their efforts in helping to make the plot ready for the event. Thanks also to Clare Barnett and her team from Radyr Youth Centre, The Association, Radyr Golf Club and The Baptist Church.

Local shops and businesses all contributed in various ways – Veg Vendor, CafÈ Lazio and Salon Nia were extremely generous. The Bouncy Castles were supplied by "Fun Times" of Llantrisant who generously donated the proceeds to Ty Hafan.

Other stalls were provided by Tenovus, Slimmers World, Tracey Baker and her organisation and Kim, a local resident.

We wish Becca Bodsworth, the original planner of the event, a speedy recovery.

We hope the residents of the new development at the Sidings felt included and will join us in next year's Festival.

RPMG 25th Anniversary

On Saturday 3rd July, around 75 people celebrated 25 years of Radyr Parish Music Group by attending a dinner at Radyr Golf Club. They were greeted with a welcoming drink and background music played by accomplished local harpist, Tomos Xerri, a name we shall hear much more of in years to come.

After Grace by Norman Clewer, a founder member of the group, a wonderful dinner was enjoyed by all to more background harp music.

The more formal part of the evening got started with an address by our President and founder, Christine Davies who gave a short history of the group referring to the early shows, the very first of which was Joseph... The focal point of the room was the original Coat of Many Colours, beautifully made 25 years ago by Jean Hooker and which looks as good today as it did then. Christine introduced our guest speaker, opera star Beverley Humphreys, who commenced her address by saying that she felt the most important things in life were 'Love, Laughter and Music'. Very soon we were falling off our seats with laughter as she related her stories and experiences. She ended with a toast to the Music Group and to the next 25 years. There could not have been a more appropriate choice of speaker for this occasion.

It is just one month since the group's AGM and rarely has an incoming Chairman been 'thrown into the deep end' with an occasion like this but, having survived and even enjoying the evening, Julia Hallinan now feels able to cope with anything. Outgoing Chairman Brian Willis acted, as ever, as Master of Ceremonies and kept us all in order with his block and gavel. It was a wonderful evening thoroughly enjoyed by all.



Tomos Xerri

Now for the commercial....our Musical Director, Tessa Davies and Producer, Gill Evans are already working hard on our next show, My Fair Lady, to be performed at Bishop of Llandaff School on 23rd to 26th February next. Rehearsals are on Fridays commencing 3rd September and new members are always very welcome. No previous experience necessary, only a love of music.....come along and give it a try.



COFFEE MORNING AT PUGH'S GARDEN CENTRE

Pugh's Garden Centre is kindly supporting a coffee morning for the British Heart

Foundation (BHF).

On Wednesday, 11th August between 10.30 and 11.30am, the Bay Tree Restaurant and Coffee Shop will be generously serving tea and filter coffee free of charge in exchange for a ticket from the BHF.

The Pugh family has chosen to support the BHF as unfortunately some members have been affected by heart disease. Earlier this year they donated a fantastic £1,600. raised from their Christmas activities.

Glenda Meakin of the BHF said ëWe are really grateful to Pugh's for their continued support of our cause, which touches so many lives. We will be running a raffle at the coffee morning and hope as many people as possible will be able to come and support us. All proceeds from the event will go towards the Cardiff Heart Nurse Appeal'.

Tickets are £2.50. and can be purchased in advance or on the door. For further information please contact Tracey Renshaw on 2089 1578.

Letters, articles, reports and other contributions are invited and should be submitted by September 15th. Submissions may be subject to editing at the Editor's discretion. The views expressed in the Radyr Chain are not necessarily those of the Editors.

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Global Student Forum

continued from back cover



Ben Okafor performing charity song 'One Goal'

Students from Radyr have said that the experience was enlightening; it was agreed by the students that the most important message was that 'Education is a human right, which provides protection from disease, social stability and a path out of poverty for individuals, communities and countries.' Shockingly 72 million children across the world are currently missing out on even a basic primary education. 54% of these are girls, 60% of these are in Africa and 30% of these are disabled.

GSF, founded in 2005 by social entrepreneurs Nick & Carol Pollard, also featured multi-media presentations and workshops, as well as speakers from around the world. Equipped with a DVD of special educational resources, the students were challenged to return to their schools and become peer educators – by leading assemblies and lessons on the issues raised at the forum.

Amongst a range of leading speakers at GSF was the Minster for International Development, Stephen O'Brien, who said: "I'd like to thank each of the students for the work they'll be doing to teach others about global poverty. Their efforts will influence so many people to take vital action on the issues facing millions of people across the world blighted by poverty."



Ben Okafor performing charity song 'One Goal'

RADYR LIBRARY

Summer has arrived and with it the school holidays and the National Reading Scheme. This year it has a space theme and is called "The Space Hop".

Jen and Anne visited five schools in the area and explained the scheme. "The Space Hop" will run throughout the summer holidays and requires children to read six books. We suggest taking two at a time. When two books are returned to the library and staff are shown the completed tracker card, stickers and other prizes are given out. The stickers are special "scratch and sniff" stickers. This year there are book markers, glow in the dark space mobiles, multi-coloured pencils and glow in the dark bracelets. Jen and Anne will be revisiting the schools in September to give out the "Space Hop" certificates and medals to everyone who completed the challenge.

We have lots of lovely new books especially for the reading challenge, many of them space themed. We are sure there are books to interest every child.

To join the "Space Hop" children will need to be members of Cardiff Libraries. It is very easy to join. An adult will need to bring some identification and act as guarantor. To launch the "Space Hop", the children's area has been turned into a spaceship! We are looking for a name for our spaceship so please tell the staff if you have a good idea for a name. We also hosted a special space themed activity morning on Friday, 23rd July. Children listened to stories, joined the "Space Hop", fed a hungry alien, made grass seed aliens, jet packs, space ships and robots out of paper, card and junk kindly donated by our customers. The children had special certificates and badges to take home. A good time was had by all.

Radyr Library is proud to announce the hatching of the first batch of Giant African Land Snails. We have a list of people wanting baby G.A.L.S. and will be in touch shortly.

Cardiff Library Service is running a competition draw (for new members) with tickets to the Ryder Cup on Saturday, 2nd October as a prize. Anyone joining a Cardiff library from 1st July to the 31st August will be automatically entered into the draw. A winner will be selected and notified on the 17th September.

This year "On Course", the Cardiff adult education prospectus will not be delivered to every household as in the last few years. We have a supply at the library though.

Don't forget you can pick up green recycling and caddy bags from the library foyer during opening times.

"Language and Play" sessions for pre school children will restart on Wednesday, 15th September at 11:00am. Bring your child along for a fun activity filled morning.

Radyr Library Book Club's next meeting will be on Friday, 22nd October at 7.15pm. The theme is "houses". For further information on joining the group and the reading list please contact Library staff.

We would like to thank you all for your continued support and wish you a pleasant summer.

Happy reading. **Jen, Anne and Hannah.**

WOOL ODDMENTS

A number of ladies in Treorchy have formed a knitting "circle" where they meet on a few afternoons a week and make stuffed toys, scarves, hats and other small items which they then donate to the NSPCC.

Unfortunately, the supply of wool doesn't keep up with demand and they have asked anyone with oddments of wool, however small, to send them to Mrs. Barbara Brunt at 40 Windsor Road, Radyr, CF15 8BY, who will ensure that they are delivered. Mrs. Brunt will be more than happy to arrange collection, if required. Her telephone number is 2084 3739.

CHRISTIAN AID

Thanks are given to all who supported the Christian Aid house-to-house collection in Radyr and Morganstown this year ñ which goes to lessen the impact of disasters and poverty in many places. A grand total of £2910. was raised.

There will be a meeting for all helpers of Christian Aid towards the end of October, details of which will be published in the September edition of Radyr Chain.

Phil Kitcher



TENOVUS ANNUAL SPONSORED WALK AND STRAWBERRY TEA

On a beautiful hot summer afternoon at the end of June, a large group of walkers met at Cardiff Castle and set off along the Taff Trail to Hailey Park. Once there, they were treated to very welcome ice cold drinks, before continuing their iourney Christchurch in Radyr. Evervone enjoyed the lovely weather, the Taff Trail and the company of other Tenovus supporters and friends. We were all feeling rather hot when we reached Christchurch and were very grateful to Janet Boyce and her team for the very tasty strawberry tea served under the gazebos on the lawn.

Many grateful thanks are extended to all who walked and to their very kind sponsors for the help which they have given. On this occasion, a very large sum of money was raised for the Charity, which provides essential services of treatment and support to many patients all over Wales, whilst also funding vital research projects.

The Friends of Tenovus Group has raised £12,500. over the last year and many sincere thanks go to all our helpers and supporters.

The photography by David Cargill shows the Tenovus walkers.

All are welcome to participate in our events. Details can be found at radyr.org.uk or ring 2084 2096.

If you would like to join us in our attempts to raise funds through supermarket shopping, at no cost to you, please ring 2084 1872.





Mrs. Betty Simpson, Lady President of Radyr Golf Club, congratulating Mrs. Nina Leigh on winning the Bridge Competition on Lady President's Day shortly after celebrating her 102nd birthday

The Corn Is Green

Fluellen Theatre Company is pleased to announce its next major production – Emlyn Williams's celebrated Welsh classic, *The Corn Is Green*.

It is now 25 years since the last major revival of this famous drama and Fluellen's Artistic Director, Peter Richards, believes that this is far too long. "The Corn Is Green held a firm place in the repertory since it was written in 1938 until Deborah Kerr's wonderful performance in a West End production in 1985" says Peter. "Since then, however, the play seems to have disappeared. This is a great shame since it is a powerful, moving and yet humorous work which was beautifully written by one of Wales's finest playwrights".

Set in the late 19th century, it tells the story of an English woman, Miss Moffat, who comes to live in a remote Welsh village and decides to open a school. One of her pupils is a young miner who shows outstanding literary skill. She is determined to get him to Oxford but in doing so, meets fierce opposition from the villagers and, not least, the boy himself. The roll of Morgan Evans was based on Emlyn Williams's own background and Miss Moffatt is based on Miss Cook, Emlyn Williams's own teacher.

Playing the central role will be the award-winning actress, Claire Novelli, whom Fluellen followers will remember in numerous rolls at Morganstown. Playing Morgan Evans (a role created by Emlyn Williams himself in the first production) will be South Wales actor, James Scannell.

The Corn Is Green will be a theatre-in-the-round production and can be seen at Morganstown Village Hall on Thursday, 23rd September at 7.30pm. Tickets £8., concessions £7., students £4. from Veg Vendor, Station Road, Radyr, Alan Cook 2084 3176 and Nick Hawkins 2084 2561.

Job Vacancy: Assistant Clerk

Radyr & Morganstown Community
Council has a vacancy for an Assistant
Clerk to work 5 hours a week. The job,
based in the Old Church Rooms, Park
Road, will involve undertaking general
administrative duties such as
photocopying, filing and binding,
displaying notices in the village and
shopping for supplies. Car owner
essential.

Salary: £12,145 pro rata. £1,641 actual per annum for 5 hours/week

A copy of the job description can be downloaded from the Community Council section of the website at www.radyr.org Alternatively, please contact the Community Council Clerk.

To apply, please submit a covering letter and CV to the Community Clerk by post or e-mail.

Deadline for applications: September 15 2010.

Radyr & Morganstown Community Council

Old Church Rooms, Park Road, Radyr, Cardiff CF15 8DF Tel: 02920 842213 E-mail: clerk@radyr.org.uk

Pentwyn Park, Radyr Community Events

Saturday 2nd October 2010

Families and interested residents are invited to a community event in Pentwyn Park which is being organized as part of our Village Plan environmental projects. We will be planting native daffodil bulbs and sowing wild flower seed to increase the Park's biodiversity and enhance its appearance. There will also be family activities such as bird and bat box making. We will install some of the boxes in the Park's copse.

Boules Pitches (Autumn date to be agreed)

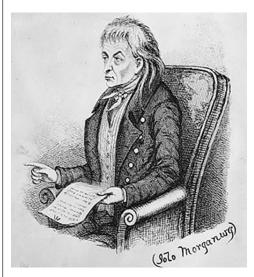
Through R&M's 25 year twinning fellowship with St Philbert, we have active boules players and plan to install one, perhaps two, boules pitches in the park. We hope that these will lead to local tournaments and even to intercommunity matches.

Further details of these events will be publicized nearer the time, so mark your calendars and keep an eye open for our leaflets and online updates at www.radyr.org.uk.

HISTORY SOCIETY NEWS

The last two talks in the History Society's programme will take place on Thursday, 9th September and Thursday, 11th November.

On the 9th September, Brian Davies of Pontypridd's excellent Museum will give a talk on Iolo Morgannwg. Few men can put poet and literary forger on their CVs; a distinction, I believe, unique to Iolo. To this he can add antiquary and founder of the Gorsedd of Bards.



Born Edward Williams in 1747 near Llancarvan in the Vale of Glamorgan, the son of a stonemason. Without formal education he claimed to have learnt to read while his father carved inscriptions on tombstones. He quickly came to know the bards of Glamorgan and learnt the craft so well that he could write fake poetry in the style of Dafydd ap Gwilym – the premier medieval poet of Wales – so as to take in the experts.

Iolo became a stonemason like his father and travelled widely. It was while working in London that he came under the influence of those favourable to the ideals of the French Revolution and he also began to practice his ideas on the Druids on Primrose Hill.

Often dismissed as nothing but a faker because of his excellent "inventions" over the past quarter of a century, his importance as an antiquary and historian has been re-evaluated. One of the most colourful characters in Welsh history.

The talk on 11th November is by Dr. Amelia Pannett, who works for Cambrian Archaeological Projects. It was Amelia who undertook the recent survey of Morganstown Motte for the County Council. She will speak on the

work of Cambrian Archaeology in general, with particular reference to Morganstown Motte.

Both meetings will be held at the Old Church Rooms and begin at 7.30pm. All are welcome.

RECIPE CORNER

Sausages with Lentils

This is a really tasty Delia Smith dish and serves four. For vegetarians, the sausages may be substituted for meatless ones.

175g lentils

- 1 large onion, chopped small
- 2 cloves garlic, crushed
- 25g butter
- 2 tablespoons groundnut or other flavourless oil
- 400g tin chopped tomatoes
- 1 teaspoon granulated sugar
- 1 tablespoon chopped fresh thyme
- 1 bay leaf
- salt and freshly milled black pepper 8 large good-quality herby pork sausages about 600g in total

You will also need a 3.5 litre flameproof lidded casserole.

Begin by rinsing the lentils, then place them in a saucepan with 1 litre of water (don't add any salt). Bring them to simmering point and cook gently for about thirty minutes or until the lentils are tender but not disintegrating. Then drain them and keep the cooking liquid.

Meanwhile, fry the onion and garlic in the butter and one tablespoon of the oil in a casserole for 8-10 minutes to soften. Next, add the tinned tomatoes, sugar, thyme and bay leaf and some salt and freshly milled black pepper and let it all simmer gently (without a lid) until the liquid reduces and becomes rather thick ñ you may need to stir it now and then and it will take about 5-7 minutes.

Heat the remaining tablespoon of oil in a large frying pan and brown the sausages all over (the sausages could also be grilled). Transfer them to the tomato mixture, all the cooked lentils and 10 fluid ounces (275ml) of the liquid in which they were cooked. Stir well, then cover with a lid and continue cooking over a very gentle heat for about thirty minutes. If the mixture begins to look dry, add a little more liquid. Taste and add seasoning if it needs it before serving.

RL.

RADYR, MORGANSTOWN & DISTRICT GARDENING CLUB

Despite the chilly start to the gardening season in May, the warmth of June has encouraged the plants to grow and although the lack of rain has meant continual watering by hand, gardens are blooming and allotments are in full production. With planting past its peak, some thought can now be given to the Gardening Club 2010/2011 events. Our Programme Secretary has once again put together a varied programme of speakers and topics ranging from Welsh Daffodils to Australian Plants via Fungi and Cacti.

In a departure from our usual start to the season, we begin on Wednesday, 8th September with a visit to David Austin Roses; this will be combined with a visit to Wightwick Manor and Garden with its Grade II listed Arts & Crafts garden designed by Thomas Mawson (Dyffryn Gardens).

The full programme for 2010/2011 is:

September 8th: Visit to David Austin Roses and Wightwick Manor and Gardens

October 13th: Really Welsh Daffodils – talk by Richard Arnold

November 10th: Fascinating Fungi – talk by Linda Nottage (postponed from January, 2010)

January 12th: Growing Cacti and Succulents – talk by Tony Jukes

February 9th: An Update on Dyffryn Gardens – talk by Head Gardener, Alexandra Andrews

March 9th: Thoughts on the Design at Veddw House Garden – talk by Anne Wareham

April 13th: AGM followed by : Some Interesting Australian Plants – Talk by Dr. Mary Gillham

We hope that there is something for everyone and would encourage you to come along.

All meetings (apart from the visit) are at the New Church Rooms, Heol Isaf on the second Wednesday of the month starting at 7.30pm and are followed by refreshments.

Please see Village Notice Boards and Radyr website www.radyr.org.uk for programme details and any changes.

For more information regarding the David Austin Roses visit, please contact our Chairman – Mrs. Jane Parry, 7 Willow Tree Close, Radyr: 2041 9584.



New Hands on Gallery opens at National Museum, Cardiff.

National Museum Cardiffís famed Glanely Discovery Gallery, which has been closed for renovation works has now reopened. The previous gallery, which received a grant from the Clore Duffield Foundation, has been renamed the Clore Discovery Centre.

The Glanely Discovery Gallery was an interactive area that encouraged visitors to get closer to the Museumís collections. It was a hands-on gallery where participants could examine items from the Museumís collections, as well as participate in a host of special events and workshops.

New redesigned and refurbished into a new-fangled space, the Clore Discovery Centre is bigger and better, both in size as well as in substance. It will store several new resources to encourage object handling and exploration in more depth than ever before. Visitors of all ages can physically touch the objects on display, which include geological objects, natural history specimens, archaeological

artefacts and items highlighting aspects of the art collection.

One new addition to the gallery over the summer is the skeleton of Billy the Seal. This much loved creature once lived in Victoria Park in Canton. It came to Cardiff in 1912 on a trawler. ëHeí was given to the Cardiff Corporation who housed it in the pond in the park. On at least two occasions female grey seals were put in with Billy to provide company. Billy died in 1939 and it was only after ëhei died that it was realised that he was in fact a she. The skeleton was given to the museum later in 1939.

On weekends and during school holidays, the Discovery Centre welcomes large numbers of families within these relaxed surroundings. There is something here for everyone. A play area keeps the very young happy while the older ones can spend hours with the microscopes, the objects, the activities and the books.

Entry to the museum is free of charge and it looks forward to welcoming you to the new Clore Discovery Centre, as well as the rest of the building this summer.

BRYN DERI OPEN DAY

A great time was had by all our visitors on our Open Day. These included families, friends and community members. We were also pleased to welcome Councillor Freda Salway for the occasion. The choir and orchestra showed off their talents and the displays and exhibits were of a very high standard, even if we say so ourselves.

Year 5 had had a very successful Enterprise and sold their wares making £451.30 for charities of their choice.

Year 2's project was the Garden Centre and they sold the plants they had grown and raised £89.

Also last week Year I arranged a Café and became waiters and waitresses for the afternoon serving their families delicious Welsh cakes and bara brith.

A busy and enjoyable time was had by all.

Rediscover Pedal Power this Summer!

Do you remember the pleasure of cycling in your younger days but haven't cycled for years? Do you think it's too late to rediscover that pleasure? Would you love to cycle with your children on grand children but don't think you could? Think again!

Cycling is a great way to get out, have some fun and see the sights of Cardiff and South Wales. Come and explore the riverside Taff Trail or take a trip to the famous Cardiff Bay by bike



Pedal Power runs a cycle hire service open to the public 7 days a week, where you can hire a wide range of cycles. We have something for everyone allowing virtually anybody of any age or ability to be able to cycle. We have gents bikes, ladies bikes, trikes, children's bikes as well as a range of baby seats, buggies and tag along bikes.

For those looking for something a bit different we also have go carts, tandems, side by side bikes, trikes and, in the Bay, pedal cars which can take up to six people.

Pedal Power is also home to one of the best, if not the best, accessible cycling centres in the UK. We have an extensive range of specially adapted trikes and bikes designed for disabled adults and children. This enables virtually anybody to enjoy cycling regardless of age or ability. We offer a full assessment service in order to find you the perfect cycle for your needs.

We also offer a range of courses and one off sessions from total beginner to the advanced skills required to cycle safely in traffic. Also, at our base in the caravan park in Pontcanna fields, our Spokes Cafe is available for delicious meals and drinks

Why not hire a bike and ride down to the new 'Pont y Werin bridge? It was voted for by the public and named by local children. We at Pedal Power are very proud that our Project Manage, Sybil Williams will be portrayed on one of the 'portrait benches'.

For more information visit our website www.cardiffpedalpower.org, ring us on 2039 0713 or email info@cardiffpedal power.org. Best of all come and visit us in Pontcannca or in Cardiff Bay (map and directions on the website).





Martins Taith Mynydd Mawr - Martins Big Mountain Ride!

Saturday August 14th 2010

"Join me in my quest to climb Snowdon in my sponsored wheelchair challenge"

Everyone will need to pay a registration fee before the event. This secures your entry into the event. There are limited places so please register as soon as possible.

- Option 1

£20 per person (Non refundable) minimum sponsorship £125 per perso

Option 2

Team (based on a team of 5) £20 per person (Non refundable) minimum sponsorship £1000 per team

Option 3

Spectator £5 per person to join in the post event party



Please note there are limited places registration deadline is July 31st

http://www.justgiving.com/MartinsTaithMynyddMawr
Al proceeds go to the Danybryn Capital Appeal to purchase assistive technologies for our new home

For a registration pack or more information piease contact: Christine Moore Capital Appeal Fundraiser, Danybryn, Heol Isat, Radyr, CF15 8AJ Telephone: 07827996020 | Christine moore@LCDIsability.org



eonard Cheshire is a UK Registered Charity No. 218186

Summer term news of Radyr & Morganstown WI

At our April meeting we listened to the unique and harrowing account by Peter Shore of his kidnap in Georgia where he was held for several months in atrocious conditions. Members listened spellbound to his personal story which was as compelling as a work of fiction.

Also in April we were represented at the Glamorgan Federation Council meeting where we were delighted to hear that we had won the County Federation prize for the best programme of 2010. Some of our members also went on the Federation walk, a guided walk around Cheltenham.

In May we held our Resolution Meeting and our supper club enjoyed a superb meal and pleasant social evening at the Red Lion Pendoylan. As is usual during Festival week, our institute hosted the May Day Teas at the crowing ceremony on May 3rd. The cakes, as always, were excellent.

Representatives from Radyr attended the AGM at the Cardiff International Arena on 2nd June. The highlight of the day was a performance by "Only Men Aloud".

Our June meeting was a talk from David Salter entitled "What the postman saw" which gave a fascinating insight into social history from 1914 to the late sixties when the "open postcard" was a major means of communication.

July 5th was the last meting of the summer term when Christine Seaman delighted us all with her "Journey from Covent Garden to Cardiff" - the life of a ballerina.

Also in the summer term we held a trip to Bicester designer shopping outlet and hosted a "Midsummer Medley" of games, poems, a film show and refreshments for our link group neighbouring institute members.

We resume our meetings on Monday 6th September with a talk from a team from the University Department of Physics and Astronomy entitled "Spooks and Spies".

In the meantime, enjoy the summer.

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RADYR AND MORGANSTOWN COMMUNITY COUNCIL'S COLUMNS



Radyr & Morganstown Community Council, The Old Church Rooms, Park Rd., Radyr, Cardiff, CF15 8DF. Tel: 029 2084 2213.

E-Mail: clerk@radvr.org.uk

Clerk/Clerc: Helena Fox

R&MCC now has its 12th and final councillor. Cllr Jan Hooper was elected by an over-whelming majority at the recent bye-election in Radyr South. Community Councillors live in all parts of R&M. Here they all are and this information can also be found on our website:

MORGANSTOWN WARD:

Councillor Ron Eccles 2084 4343

Councillor David Silver 2084 4337 Chairman

Councillor Mike Diment 2084 2123 Councillor Richard Owen 078 04223448

RADYR SOUTH WARD:

Councillor Judith Marsh 2084 2729 Councillor Sarah Thomas 07890 243 713 Councillor Tyrone Davies 2084 3810 Councillor Jan Hooper 079 84441294

RADYR NORTH WARD:

Councillor David Suthers 2084 2786 Councillor Rachel Granger 077 6589 7056

Councillor Sue Philpott 2084 3453 Vice Chairman

Councillor Ed Watt 075 2529 7813

The Friends of Danybryn Woods have met several times and cut back piles and piles of bramble and have the scars to show for it. We will be learning how to coppice in early December and that will mean we can manage the canopy cover is some areas and increase the biodiversity of this lovely woodland.

Elsewhere in this Chain you will see an invitation to a community event at Pentwyn Park in October. The Community Council own this park and, as part of our environmental projects that came out of the Village Plan, we are going to plant some native wildflowers and daffodils. We will also be working with the Twinning Fellowship to install one, perhaps two, boules pitches for local tournaments.

The Village Plan document will be coming through your letter box shortly, if not already. The envelope will also contain a booklet, produced by the RMA, 'What is there to do in Radyr & Morganstown?' This is a direct response to comments in the Village Plan Questionnaire where residents, particularly young people, wanted to know more about things to do. This is the first completed Village Plan project and there are more to come!

Helena Fox - Clerk



The weather summary - by John Trenchard

After such a dry spring (March, April, May) when Cardiff had 153.3mm 60% of the long term average (LTA), June was a very dry month with only 18.1mm 22%.

However, since October, 1989, June was drier in 1995 with only 15.0mm but the rest were wetter with the most in 1991 with 156.1mm. Also since October, 1989, there has been only seven drier months than June, 2010, with the driest month in May, 1991 which only produced 4.2mm.

From August, 2009, there has been only one month in Cardiff with above average rainfall when in November, 2009, the rainfall was 237.7mm 179%. But note the first 29 hours of July in Cardiff there was more rainfall than the whole of the previous month of June with 21.0mm. By the 13th July, the month's rainfall had only increased to 29.5mm. LTA in July for Cardiff is 80.0mm. My Cardiff rain days from 1st January to 30th June (181 days) have been 65 in 2010, 81 in 2009, 101 in 2008 and 87 in 2007. Over a longer period, Cardiff's rainfall has been this year from 1st January to 30th June 345.0mm 61% compared with 506.3mm 90% in 2009.

Regarding temperatures this year up to 30th June, the day maximum has been 12.0C (-0.5) whilst last year it was 12.9C (+0.3C). For the minimum air temperature it has been 5.4C (-0.9C) compared with 6.4C (0.0) last year.

The USA forecast for this year's hurricane season is for a very active one in the west Atlantic, the Caribbean and the Gulf of Mexico with only seven more active seasons in the past 160 years when records were first begun. The effect of this hurricane season can change the existing pattern of weather over the east Atlantic and the British Isles. So we shall see what happens in 2010 over the British Isles.



Radyr Rangers FC 2010 - 2011

Radyr Rangers were formed in 2001 by a group of parents who wanted the children of Radyr and Morganstown to play football in a local environment. Last year Radyr Rangers continued their progress as a junior football club after another successful year with the continued support of parents and children alike. In May, Radyr Rangers took part in the annual Radyr and Morganstown festival tournament in which the younger age groups showed the village their improving skills with the help of many other teams situated within the Cardiff area. celebrate last year's achievements Radyr Rangers had their end of season presentation at the Cardiff City Stadium where Cardiff City's scorer for 2009. top Ross McCormack, presented trophies to the delighted children.

Before the season starts this year, all the current footballers and any wishing to join the growing history of Radyr Rangers, need to sign up to be a member for the year 2010 -2011.

This comes at a small cost: Juniors £75 (including training fees). These fees have remained the same for the past three years.

Thanks to the support of the parents and children over the past five years, Radyr Rangers is the biggest youth participant activity organisation in Radyr and Morganstown, with over 250 male and female players.

James Cargill

A KICK IN THE BAUBLES

After a long run of period plays, Christmas Carol, Ladies in Retirement and Sweeney Todd – Victorian, My Three Angels – early 20th century and Harvey – 1920's, the Drama Society have decided on a play that is bang up-to-date.

A Kick in the Baubles is a delightful comedy tracing the adventures of the families of two sisters at Christmas. If preparing for Christmas is getting you down then this is the ideal pick-me-up.

A Kick in the Baubles will be directed by Dave Burgess. This will be a new departure for Dave, better known for his delightful sets for such productions as My Three Angels and Harvey, the spinning door in Christmas Carol and the puppet dog in Sweeney Todd.

A Kick in the Baubles will be at Morganstown Village Hall on Thursday, Friday and Saturday 25th to 27th November.



2010-2011 SEASON

COME AND SUPPORT CARDIFF QUINS

YOUR NEAREST RUGBY CLUB WHICH PLAYS IN DIVISION 4 - SOUTH EAST 10 minutes walk down the Taff Trail

HOME LEAGUE GAMES - KICK OFF 2:30 pm.



SEPTEMBER

04-09-10 v ST. JOSEPHS 18-9-10 v TREHERBERT 25-09-10 v LLANDAFF

OCTOBER

16-10-10 v LLANTWIT MAJOR

NOVEMBER

06-11-10 v PORTH

DECEMBER

04-12-10 v PONTYCLUN